



**OLCA**  
COACHING LIMITED



# CALENDAR

A large green circle is centered on a white background. Inside the circle, the text "OLCA ACADEMY CALENDAR 2025" is written in white, bold, uppercase letters, stacked in four lines.

**OLCA  
ACADEMY  
CALENDAR  
2025**



# LIFE DESIGN AND MAPPING

## OVERVIEW

The Life Design & Mapping class helps you take control and design the life you truly want.

Learn how to map out clear goals, create a step-by-step plan, and align your life with your purpose. This class will equip you with the tools to transform your vision into reality and live a life of clarity and fulfillment.

Start building the future you deserve today!

**DATE:**

**Jan. 10th – 11th**

**INVESTMENT**

**N290,250**



**2025 OLCA ACADEMY CALENDAR**



# LIFE COACHING CERTIFICATION COURSE

## OVERVIEW

Want to make a lasting impact and help others achieve their full potential?

The Life Coaching Certification course gives you the skills and tools to guide clients through personal transformation. Learn proven coaching techniques, build your confidence, and become a certified life coach ready to inspire real change. Turn your passion for helping others into a fulfilling career today!

## DATE:

**Jan. 10th – 11th, 13th & 18th**

## INVESTMENT

**N1,193,250**





# EXECUTIVE COACHING AND SELF MASTERY PROGRAMME FOR LEADERS

## OVERVIEW

This certification course at OLCA is comprehensive, bespoke, rigorous, hands-on and genuinely transformational.

Participants will deepen their understanding of Coaching theory and practice through immersive learning experiences, interactive workshops, and real-world case studies. They will explore advanced coaching models and frameworks, refine their coaching skills, and develop expertise in specialized areas like leadership development, team coaching, and organizational change management.

## DATE:

Feb **24th** – June **9th**

## INVESTMENT

**\$ 3150.00**





# SELF-MASTERY COURSE

## OVERVIEW

To consistently succeed in life, work and business in today's world of uncertainties, you must have "game excellence". Your Success is dependent on your personal effectiveness and self-mastery. Consistent success and competitive leverage require that you staying motivated, exceeding norms and overcoming all barriers – whether they be emotional, psychological or environmental.

Mastery – every and any form of it – is never a genetic disposition. It is always learned. At that is the focus of this Masterclass – to help you develop the capacity for Self-Awareness, Self-Mastery, Self-Expression, and Self-Optimization.

## DATE:

**March 21st – 22nd**

## INVESTMENT

**N 290,250**





# NEUROLINGUISTIC PROGRAMMING (NLP) LEVEL 1

## OVERVIEW

Struggling with limiting patterns and self-doubt?

Activate your mind's full potential and reprogram it for unstoppable success with Neuro-Linguistic Programming. In this class, you'll discover how to tap into your brain's power to achieve every goal, transform your mindset, communication, and connections. Plus, you'll master the science of instantly shifting your thoughts and behaviors using various interventions.

## DATE:

March **21st - 22nd & 24th - 29th**

## INVESTMENT

**N1,193,250**





# COGNITIVE BEHAVIOURAL THERAPY (CBT)

## OVERVIEW

Are negative thoughts and emotions holding you back?

Cognitive Behavioral Therapy (CBT) offers proven techniques to help you break free from anxiety, stress, and self-doubt. In this class, you'll learn how to reframe negative thinking, manage emotions, and create healthier thought patterns for lasting change. Gain control over your mind and life with CBT—your journey to emotional freedom starts here!

## DATE:

**April 25th – June 1st**

## INVESTMENT

**£ 2,080**





# SCIENCE OF HEALING ABUNDANCE RESTORATION & PEACE (SHARP)

## OVERVIEW

In the Science of Healing, Abundance, Restoration, and Peace class, you'll discover powerful, science-backed methods to restore inner harmony, unlock abundance, and achieve lasting peace.

You will learn how to heal deeply, shift your mindset, and attract a life of fulfillment and balance. Transform from within and watch your world change!

## DATE:

**May 16th – 17th**

## INVESTMENT

**N290,250**





# EMOTIONAL FREEDOM TECHNIQUES (EFT) & MATRIX RE-IMPRINTING LEVEL 1

## OVERVIEW

Let go of emotional burdens and transform your life in our Emotional Freedom Techniques (EFT) and Matrix Reimprinting course.

This training provides you with powerful tools to release deep-seated pain, reframe limiting beliefs, and heal past traumas. Learn to tap into your energy systems, rewire emotional patterns, and step into a life of freedom and resilience.

Begin your journey to profound emotional healing today!

## DATE:

**May 16th – 17th & 20th**

## INVESTMENT

**N599,850**





# LIFE DESIGN AND MAPPING

## OVERVIEW

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Learn how to map out clear goals, create a step-by-step plan, and align your life with your purpose. This class will equip you with the tools to transform your vision into reality and live a life of clarity and fulfillment. Start building the future you deserve today!

## DATE:

**June 13th - 14th**

## INVESTMENT

**N290,250**





# LIFE COACHING CERTIFICATION COURSE

## OVERVIEW

The Life Coaching Certification is an intensive, practical and experiential class that empowers you to become a highly effective coach.

You will learn how to work with people using set skills to facilitate the process of helping them reach their desired outcomes faster than they would have done on their own. Participants would learn how to ask effective questions, build rapport, understand the effect and power of state, as well as acquire the proficiency to use various tools in working with different people to produce their desired outcomes.

## DATE:

**June 13th – 14th, 16th & 21st**

## INVESTMENT

**N1,193,250**





# SCIENCE OF HEALING ABUNDANCE RESTORATION & PEACE (SHARP)

## OVERVIEW

In the Science of Healing, Abundance, Restoration, and Peace class, you'll discover powerful, science-backed methods to restore inner harmony, unlock abundance, and achieve lasting peace.

You will learn how to heal deeply, shift your mindset, and attract a life of fulfillment and balance. Transform from within and watch your world change!

## DATE:

**July 11th - 12th**

## INVESTMENT

**N290,250**





## EMOTIONAL FREEDOM TECHNIQUES (EFT) & MATRIX RE-IMPRINTING LEVEL 2

### OVERVIEW

The Level 2 Emotional Freedom Techniques (EFT) and Matrix Reimprinting course takes you further into advanced techniques to release complex emotional blocks, reprogram limiting beliefs, and heal at a profound level. Master new skills to help yourself and others break free from past trauma, create empowering beliefs, and live with greater resilience and peace.

### DATE:

**July 11th – 12th, 13th & 15th**

### INVESTMENT

**N599,850**





## PSYCHOLOGY (UK CERTIFICATION)

### OVERVIEW

Dive into the fascinating world of human behavior with our Psychology course, designed to give you a deep understanding of the mind and how it shapes actions, thoughts, and emotions. Gain valuable insights into mental processes, develop critical thinking skills, and learn practical techniques for personal growth and helping others.

This self-paced course provides a comprehensive foundation in psychology, perfect for anyone looking to start or advance a career in mental health, counseling, or human behavior studies. Begin your journey into psychology and discover the power of understanding the human mind!

### DATE:

**July 28th – November 3rd**

### INVESTMENT

**£ 2,080.00**





# SELF-MASTERY COURSE

## OVERVIEW

To consistently succeed in life, work and business in today's world of uncertainties, you must have "game excellence". Your Success is dependent on your personal effectiveness and self-mastery. Consistent success and competitive leverage require that you staying motivated, exceeding norms and overcoming all barriers – whether they be emotional, psychological or environmental.

Mastery – every and any form of it – is never a genetic disposition. It is always learned. At that is the focus of this Masterclass – to help you develop the capacity for Self-Awareness, Self-Mastery, Self-Expression, and Self-Optimization.

## DATE:

August **15th - 16th**

## INVESTMENT

**N290,250**





# NEUROLINGUISTIC PROGRAMMING (NLP) LEVEL 2

## OVERVIEW

NLP Level 2 dives deeper into advanced techniques and tools that empower you to break limiting beliefs, master communication, and accelerate personal transformation. Gain expert skills in influencing behaviors, shifting mindsets, and creating lasting change—for yourself and your clients.

### DATE:

August 15th - 16th, 18th - 22nd

### INVESTMENT

**N1,193,250**





# EXECUTIVE COACHING AND SELF MASTERY PROGRAMME FOR LEADERS

## OVERVIEW

Get TRAINED and CERTIFIED as an Executive Coach by Africa's Leading Experiential Coaching Institution - **OLCA Coaching Ltd.**

Our extensive experience in coaching over the last 2 decades, with a diverse range of leaders and executives has equipped us to empower professionals with the essential and practical skills and tools needed to navigate this dynamic **VUCAD** landscape.

Attend our **Executive Coaching & Self Mastery Programme for Leaders and HR Practitioners** and enhance your self-awareness, increase your emotional intelligence and learn adaptive leadership skills. You will be empowered to effectively drive improved team performance, productivity, profitability and innovation in your organization.

## DATE:

**August 18th - December 1st**

## INVESTMENT

**\$ 3,150.00**





# ADVANCED COACHING CERTIFICATION COURSE

## OVERVIEW

Get ready to elevate your coaching career!

The Advanced Coaching Certification course equips you with cutting-edge tools and techniques to deliver transformative results for your clients with ease. Gain mastery in advanced coaching strategies, enhance your impact, and set yourself apart as a top-tier coach. Take the next step in your professional journey and become a certified expert in driving lasting change!

## DATE:

**September 19th - 20th, & 22nd**

## INVESTMENT

**N638,550**





## SELF-MASTERY COURSE

### OVERVIEW

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### DATE:

**October 17th – 18th**

### INVESTMENT

**N290,250**





# NEUROLINGUISTIC PROGRAMMING (NLP) LEVEL 3

## OVERVIEW

This Level 3 Neurolinguistic Programming (NLP) course is designed for those who have successfully completed Levels 1 and 2 and are seeking to attain mastery in NLP. This advanced program delves even deeper into the intricacies of human behavior, subconscious patterns, and the power of language. Participants will explore sophisticated techniques for influencing and transforming subconscious processes, enabling profound personal and professional growth. In Level 3, you will learn advanced strategies for working with the subconscious mind, including complex regression techniques, multi-dimensional timeline work, and integrating fragmented personas.

## DATE:

**October 17th – 18th, 20th–24th**

## INVESTMENT

**N1,193,250**





## TRAUMA CURE (UK CERTIFICATION)

### OVERVIEW

Are past traumas holding you back from living your best life?

The Trauma Cure course offers powerful techniques to help you heal emotional wounds, release pain, and move forward with peace. This course provides a step-by-step process for breaking free from the grip of trauma and reclaiming control over your life. Start your journey to emotional freedom and lasting healing today!

### DATE:

**July 14th - October 1st**

### INVESTMENT

**£ 2,080.00**





# SCIENCE OF HEALING ABUNDANCE RESTORATION & PEACE (SHARP)

## OVERVIEW

In the Science of Healing, Abundance, Restoration, and Peace class, you'll discover powerful, science-backed methods to restore inner harmony, unlock abundance, and achieve lasting peace.

You will learn how to heal deeply, shift your mindset, and attract a life of fulfillment and balance. Transform from within and watch your world change!

## DATE:

**November 14th - 15th**

## INVESTMENT

**N290,250**





## EMOTIONAL FREEDOM TECHNIQUES (EFT) & MATRIX RE-IMPRINTING LEVEL 3

### OVERVIEW

Learn highest level of emotional healing and transformation with the Level 3 Emotional Freedom Techniques (EFT) and Matrix Reimprinting course. This advanced course equips you with expert techniques to dissolve deeply rooted emotional patterns, enhance resilience, and facilitate profound healing for yourself and others. Step into mastery—gain the tools to create lasting emotional freedom and guide others toward a life of peace and empowerment.

### DATE:

**November 14th – 15th, 17th & 18th**

### INVESTMENT

**N599,850**





# LIFE DESIGN AND MAPPING

## OVERVIEW

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Learn how to map out clear goals, create a step-by-step plan, and align your life with your purpose. This class will equip you with the tools to transform your vision into reality and live a life of clarity and fulfillment.

Start building the future you deserve today!

## DATE:

**December 5th – 6th**

## INVESTMENT

**N290,250**





**OLCA**  
COACHING LIMITED



# OLCA UK DIPLOMA COURSES

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**SELF PACED LEARNING  
CLASSES**



# UK DIPLOMA COURSES

Empower yourself with our range of self-learning certification courses. Each course is designed to provide you with in-depth, practical knowledge and tools to create positive change in yourself and others.

Enjoy the flexibility of self-paced learning—study at your convenience, build real expertise, and advance your career without compromising your current commitments. Whether you're starting a new path or deepening your skills, these certifications offer the practical insights and recognition to make an impact in the field of mental health and counseling. Begin your journey to meaningful, transformative knowledge today!

**SELF PACED LEARNING**



Cognitive Behavioural Therapy (CBT)

INVESTMENT: £2080.00

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Psychology

INVESTMENT: £2080.00

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Advanced Psychology

INVESTMENT: £2080.00

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Child Psychology

INVESTMENT: £2080.00

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Educational Psychology

INVESTMENT: £2080.00

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Counselling

INVESTMENT: £2080.00

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Drug and Alcohol Counselling Level 3 & 4

INVESTMENT: £2080.00

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Understanding Abuse and Trauma

**INVESTMENT: £2080.00**

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Understanding Addictions diploma

**INVESTMENT: £2080.00**

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Understanding Grief and Loss diploma

**INVESTMENT: £2080.00**

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Understanding Personality Disorders level 3

**INVESTMENT: £2080.00**

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**INVESTMENT: £2080.00**

**SELF PACED LEARNING**





Please note that  
all investment  
costs are now  
**VAT Inclusive.**